

Bodybuilders Entry Form

NAME:

Teenage: () One division, 19 yrs.& younger

Men's Novice: () Lightweight- 164 & below

() Middleweight- 164 ¼ to 184 lbs.

() Heavyweight- 184 1/4 & over

Men's Bodybuilding Masters: () 40 & over

Women's Bodybuilding Masters: () 35 & over *** (If enough entries)

Mixed Pairs Bodybuilding: ()

Women's Open/Novice Bodybuilding

Indicate Novice or Open: () Novice () Open

Lightweight- 118 and under

Middleweight- 118 ¼ to 135

Heavyweight- 135 ¼ and over

****NOTE:** We will combine Novice and Open women if not enough athletes otherwise we will separate them in two different categories

Men's Open: () Lightweight- 164 lbs & below

() Middleweight- 164 ¼ - 184 lbs

() Heavyweight- 184 1/4 & over