

2012 NGA Natural Utah Bodybuilding, Figure, Bikini, Women's Fitness & Men's Physique Championships

Eligible: Open to all **UTAH Natural Athletes** who hold a current NGA card. You **must be a resident of Utah** and be drug free for seven years. All competitors **except** the 12 and under athletes, Teens and Bikini will polygraph. All competitors must contact Scott Barnett at scott@utahpolygraph.com or 891-698-0185 and schedule a polygraph test by 31 March 2012. The fee is \$50 to the polygrapher upon testing. The Promoters have the option to random test any competitor via Urinalysis testing as well. Those chosen to test will do so between the morning and night shows. Registration forms are available on our website www.utahngabodybuilding.com

We are offering again the non-competitive "Junior Kids 12 and Under Division. This division will feature the same mandatory poses and individual routines that the veteran athletes do in the particular category they will be competing in, but will not be judged. All athletes in this division will receive an award. They can do a bodybuilding, figure, bikini or fitness routine. We are also offering a Women's Fitness and Men's Physique category as well as a Masters Division in the Bodybuilding, Figure and Bikini categories and a Novice Bikini and Figure. (If we have 3 or more competitors).

Place: Bountiful High School (695 S. Orchard Dr.) Bountiful, UT 84010 on 14 April 2012. Entries must be returned by 31 March 2012. After that date, a late fee of \$25.00 will apply. **Entries will not be accepted the day of the contest.**

Time: Athletes will check in at 0830am Sat morning. **NOTE: Do not show up before 830am as the doors will not open until 0830 sharp.** Prejudging will start at 1000am and finals at 7:00 PM. **Doors will open at 0900am in the morning and 600pm in the evening for spectators.**

Music: Contestants will be allowed 60 seconds for evening routines. (No posing routines in morning). Bring your CD's with you and they will be collected in the morning. **They must be ready to play. Be sure to test the CD on several stereos as the last show some competitor's music could not be read by the system playing it. Also do not give full length CDs as we need only the song being played so that the music person does not make a mistake and play the wrong song. Do not pose to any music with profanity. If your music has profanity, please edit out or you could be disqualified.**

Attire: Both the women and men competitors must wear a suit that covers at least 3/4 of the buttocks. No thongs are permitted.

Entry Fee: **\$45.00 dollar entry fee (Teen Division only-\$25.00) (Register with James and Bianca Purtell and \$45.00 NGA one year membership (Register with NGA....form on website or find enclosed registration form attached on e-mail. We will need proof of NGA registration upon check-in).** The extra \$25.00 applies only to late entries. \$20.00 if you cross over, such as a men's master competitor crossing over and competing in the open or novice class. Novice competitors can only compete Novice ...not in the Open. Women cannot cross from Figure to Bikini or vice versa but can cross over to Fitness.

Information: **Send check or money order for contest registration to Bianca Purtell: 3790 West 2550 South, Taylor, UT 84401.** Send the registration for your NGA Card to address on NGA Card form.

Each contestant will receive a contest t-shirt free. **If you want others, send us the size and \$5.00 for each shirt, this way you will be sure to get what you want. Pre sale tickets for pre-judge (\$8.00) and finals (\$12.00) may be purchased by sending a check for the correct amount to:** Bianca Purtell: 3790 West 2550 South, Taylor, UT 84401 or purchase from Max Muscle in Layton or Bountiful, Utah.

Prices at door will be \$10.00 for pre-judge and \$15.00 for night show. Kids under 5 are free. Kids 6-12 are only \$5.00.

****We are offering wristbands for one personal trainer per competitor at \$15 which gets them back stage to assist their athlete for the pre-judge and the evening show. **THEY CAN ONLY BE PURCHASED IN ADVANCE, not the day of the show. Wristbands will be handed out at check-in.**